

Shlokas from AbhinayaDarpan by Acharya Nandikesvar

Namaskriya

aangikam bhuvanam yasya , vachikam sarva vangmayam

aharyam chandra taradi tam numah satvikam shivam

Whose bodily movement is the entire universe, whose speech is the language (of the universe), whose ornaments are the moon and the stars, we salute, that serene, lord Shiva.

In Lord Shiva's well-known pose of **NATARAJA** , his right hand holds the drum of creation - symbolizing a new awakening his left hand holds fire - representing destruction of evil. his other right hand is raised in blessing the other left hand points to his left foot, which has crushed demon Muyalaka - representing ignorance.

Natya Prashansa

Rugya jussam vedebhyo, Vedachhatharvanah kramat

Pathyam chabhinayam gitam, rasan sangrihya padmajah

Vyarirchat shastram idam, dharma kama arth moksh idam

Bramha drew from RigVeda, YajurVeda, SaamVeda and AtharvaVeda

the element of Pathya (the words), Abhinaya (gesture), Geet (the singing, music) and Rasa (the flavor, the sentiments) consecutively. This science (NatyaVeda) by Bramha leads to Dharma (Righteousness), Artha (wealth), Kama (pleasure) and Moksha (spiritual freedom).

Natyakramah

**yato hastaha tato drstih yato drstih tato manaha I
yato manaha tato bhavah yato bhavah tato rasaha II**

Wherever the hands go, the gaze should follow; Wherever the gaze is, the mind is attuned;

Wherever the attuned mind is, the feeling is born;

Wherever the feeling is, there is the delight, essence!

From Guru Geeta

Guru Vandana (Reverance for the teacher)

(Guru may not be somebody physical but a power which shows direction or path.)

Gurur bramha gurur Vishnu, Gurur devo maheshvarah

Gurur sakshat param bramha, Tasmai shree gurave namah

Guru is the Creator (Brahma), Guru is the Preserver (Vishnu), Guru is the Destroyer (Maheshvara) Guru is the Supreme Absolute
My prostration to that Guru.

Guru stotram

**Akhand mandla karam, vyaptam yena characharam
tat padam darshitam yena, tasmai shri gurave namah**

I bow to that Guru who pervades the whole universe - moving and unmoving, and who reveals me that truth (Supreme Brahman) which is infinite, timeless.
